

## 4-H Friendship Bracelet

**Equipment Needed:** Leather Lace  
1 white bead 1 dark blue bead  
1 clear bead 1 green bead  
1 brown bead 1 purple bead  
1 sky blue bead

**4-H Promotes Learning by Doing:** Measure a leather strap at least 14 inches long and tie a knot at 5 inches. This leather strap & knot represent all that you “Learn by Doing” in the 4-H program.

**4-H Emblem:** green four-leaf clover with 4 white H’s, one on each leaf. Slip a white bead on the leather strap until it reaches the first knot. This bead represents the 4 H’s on the 4-H clover. The white stands for purity and wholesomeness. Head, Heart, Hands, & Health represent the whole self.

**4-H Pledge: I pledge...**

**My Head to clearer thinking.** Slip a clear bead on to represent the first H- Head. This stands for clearer thinking.

**My Heart to greater loyalty.** Slip a dark blue bead on next to represent the second H- Heart. This is symbolic of loyalty, like the blue field on the American flag.

**My Hands to larger service.** Slip a yellow bead on next to represent the third H-Hands. Yellow is the color of sunshine and warmth. When you serve others, it is you shining through.

And **My Health to better living.** Slip a green bead on next to represent the fourth H – Health and the green clover. Green represents life, growth, creativity, and youth.

**For my club, my community, my country and my world.** Slip a brown bead on next to represent the whole earth. Brown is the color of the soil, the substance that gives each of us a strong footing to move forward.

**4-H Motto: To Make the Best Better.** Slip a purple bead on next. Purple is the color of royalty and the color placed on champions. Make it your goal to always strive to be better.

**Goals and Ideals:** Tie a second knot to hold the beads in place. By tying these knots, we are reminded to always keep our goals firm and our ideals in place.

**Completion:** Now we are ready to complete the bracelet. In 4-H, you can complete many projects as you learn the values this bracelet represents.

**The sky’s the limit:** Slip both ends of the leather strap through the sky blue bead, going opposite directions, and tie a knot at both ends. The sky blue bead represents your potential as a 4-H member. Remember, the sky’s the limit in 4-H!